



- Highest Access
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- Lowest Access
- Excluded
- City Limits

Data Source: Nebraska Extension (NebNEMS-S data) and the U.S. Census Bureau ACS 2011-2015 (vehicle access data)

Healthy Food Access 2016

Access to healthy foods has a substantial influence on individual health. In 2016, Nebraska Extension assessed 204 Lincoln food stores using the Nebraska Nutrition Environment Measures Survey in Stores (NebNEMS-S). This point-in-time observation records the availability of healthy food options in each of the five food groups (i.e. fruits with no added sugar, vegetables with no added sauce, lean protein, low-fat dairy and whole grains). This data, combined with vehicle ownership rates, shows areas in Lincoln with the lowest access to healthy food.